

# FRÉDÉRIC DIDIER LOURADOUR

## INFO

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<http://www.1974films.com>  
<http://www.vimeo.com/1974films>  
<http://www.500px.com/1974films>

DOB: January 12th, 1974  
Current address: Black Forest, Germany

## CREDITS

A talented filmmaker and photographer driven by a strong attention to details and keen eye for the best images. Intuitive in challenging situation. Fast decision maker, avant-gardist and visionary, with over ten years experience in documentary, portrait, inspirational and Corporate films.

“The years spent documenting different humanitarian projects for various NGOs in some of the most challenging areas, such as the Red Zone in Iraq, the ghettos of Panama or the favellas of Brazil, have given me the opportunity to train my eye to focus on the essential without losing detail.

For me, filming means more than making a living – it is a passion. Catching the emotion in the midst of chaos requires skilfulness; translating it into film without losing its content, is an art.”

## PARCOURS

Freelance Filmmaker/Photographer “1974 Films”  
Germany  
Jan. 2013-Present

Filmmaker, Art of Living Productions  
Germany  
Jan 2010 - July 2012

Operational Manager, Shankara Europe  
Germany  
Jan 1999 - Dec 2009

Voluntary work for the Art of Living Foundation  
Germany  
Aug 1997 - Dec 1998



## 08/12 TO DATE, FREELANCE 1974 FILMS

### PHOTOGRAPHY

Street Portraits - Kingston, Jamaica - February/March 2014  
Breathe SMART - Germany - January 2013  
Cute baby - Baby diary - Germany - Sept 2013  
Glasseycens - Architectural photography - UK - Aug 2013  
The People I Love - Studio portrait - Germany - July/Sept 2013  
Being an iraqi today - Street portrait - Iraq - April/May 2013  
Life in the slums - Street portrait - Indonesia - February 2013  
Au secours haiti - Street portrait - Haiti - October 2012

<http://www.500px.com/1974films>

### FILMOGRAPHY

Gender Based Violence, A reality in Iraq - Documentary - Iraq - April 2013  
*Credits: Director, Cinematographer and Editor* - <http://vimeo.com/86172836>

The Life of Women - Documentary - Iraq - April 2013  
*Credits: Director, Cinematographer and editor* - <https://vimeo.com/63898646>

The Women Conference - MicroDocumentary - UK - December 2013  
Precursal meeting for the Annual meeting of the Women Conference, Bangalore, India  
*Credits: Director, Cinematographer and Editor* - <https://vimeo.com/84620547>

The Art & Fashion Show - MicroDocumentary - Germany - November 2013  
*Credits: Director, Cinematographer and Editor* - <https://vimeo.com/81734266>

World Forum for Ethics in Business - MicroDocumentary - Belgium - November 2013  
Annual meeting at the European Parliament.  
*Credits: Director, Cinematographer and Editor* - <https://vimeo.com/80600634>

The two brother (working title) by Bona Bell - Feature film - October - Germany 2013  
*Credits: Assistant camera operator, set photographer*

Beyond Nice - MicroDocumentary - Belgium - October 2013  
When Martin Woodroffe interviewed church leaders for his book, Beyond Nice, many told him that churches can be difficult to lead because of their culture of 'nice'.  
*Credits: Director, Cinematographer and editor* - <https://vimeo.com/78350990>

Breathing out stress - MicroDocumentary - Iraq - April/May 2013  
Iraq is one of the most stressful places to live in. For millions of Iraqis, the violence and stress have become an unavoidable part of their everyday life. How can a population continue to go through this constant stress? and what are the solutions that can be offered to help release this fear and trauma?  
*Credits: Director, Cinematographer and co-editor* - <https://vimeo.com/72176503>

Who am I? by Visual Artist Jituli Punjabi - Portrait - UK - May 2013

Jituli Punjabi, is an artist who likes to inspire and create a sense of spiritual awareness among people through different mediums of art. For me my art is the journey to seek enlightenment.

*Credits: Director, Cinematographer and editor - <https://vimeo.com/68134937>*

Lippert Studio by Product Designer Peter Lippert - MicroDocumentary - Germany - April 2013

Peter Lippert is a talented Berlin based product designer.

*Credits: Director, Cinematographer and editor - <https://vimeo.com/67229321>*

Still too young - Documentary - Portugal - July 2012

Everyone agrees that juvenile crime should be taken seriously, but often experts don't know what best should be done to prevent it. What more can be done to understand the cause of criminality and how can we enraile the circle of violence which attracts thousands of our youths thinking crime can pay?

*Credits: Director, Cinematographer and editor - <https://vimeo.com/63898646>*

Gift A Smile - MicroDocumentary - Indonesia - Feb 2013

Being the fourth largest city in the world with over 10 million people, Jakarta - the capital city of Indonesia - has 10 percent of its population living under the poverty line. Children are the first ones to suffer.

*Credits: Director, Cinematographer and editor - <https://vimeo.com/63879809>*

Au secours Haiti - Documentary - Haiti - Oct 2012.

A first hand experience of extreme poverty in the refugee camp of Port-au-Prince, Haiti.

*Credits: Director, Cinematographer and editor - <https://vimeo.com/60728599>*

## 01/10 - 07/12, MANAGING DIRECTOR, ART OF LIVING PRODUCTIONS

Breaking the Walls - Documentary - Germany - March 2012.

Touching testimonies from Israelis and Palestinians after a long week of discussions.

*Credits: Director, Cinematographer and editor - <http://www.vimeo.com/41719121>*

The Art of Living - Image Film - April 2012

A glimpse of the extend of the NGO 'The Art of Living' and its role in bringing restoration of human values in society.

*Credits: Co-director and Co-editor - <http://www.vimeo.com/33714002>*

Transformational Leadership for Excellence - Inspirational Film - USA - July 2010

Excerpts of participant feedback from the TLEX course.

*Credits: Director, Cinematographer and editor - <http://www.vimeo.com/33238176>*

Pandilleros, With A Wish to Live - Documentary - Panama - June 2008

A powerfully moving documentary about life in the ghettos of Panama.

*Credits: Director, Cinematographer and editor - <http://www.vimeo.com/34848877>*

Healing the Wounds of a War - Documentary - Iraq - May 2007

How transformation is taking place in Iraq, a country where it is sorely needed.

*Credits: Director, Cinematographer and editor - <http://www.vimeo.com/47356914>*

Ivory Coast, A United Africa - Documentary - Ivory Coast - March 2007

The story of ethnic tension, and the atrocious violence that has emanated from it.

*Credits: Director, Cinematographer and editor - <http://www.vimeo.com/12877619>*

Breathe SMART: Reclaiming Inner Peace - Documentary - Denmark - Sept 2004

A poignant insight into the profound transformation of individuals who have been drawn into lives of criminal activity.

*Credits: Director, Cinematographer and editor - <http://www.vimeo.com/34892499>*

<http://www.vimeo.com/1974films>

## SKILLS

### CORE SKILLS:

Good communication & organisational skills  
Hard working, friendly and open  
Passionate about filmmaking & committed to increasing my skill set

### CREW SKILLS:

Producer, director & writer  
Photographer  
Cinematographer  
Editor

### EQUIPMENT SKILLS & GEAR:

Sony EX1, Manfrotto tripod / Rycote with Seinheiser SM66/Rode NTG2 & EG2 Seinheiser  
Canon 5D Mark II (lenses: 24-105mm / Rokinon 35MM 1.5T Cine)  
Swedish Chameleon Rig & Follow Focus  
Konovo slider  
Optobeam lights  
Editing (Final Cut Pro, motion, compressor, adobe photoshop, lightroom & indesign)

## CLIENTS LIST

Art of Living Foundation / International Association for Human Values  
World Forum for Ethics in Business  
Alliance Ecologiste Independante  
Lippert Studio / Rosana  
Artist Jituli Punjabi  
Glasseycens / Stone Experts  
Author Solutions  
Bona bell Films  
Art & Fashion / World Fashion Week

## INTERESTS

Photography, Street-art & pop-art, traveling & sightseeing, meeting people from different cultures°  
Yoga, meditation & voluntary work.

## LANGUAGES

Native French  
Fluent English  
Low Spanish & German

## PERSONAL STATEMENT

I work on most of my projects as director, cinematographer and editor.

As a filmmaker, it is enriching to know people's lives and this has helped broaden my vision as an individual. Capturing people's raw expressions or the true beauty of a moment requires patience, and it is my passion for my art, which drives me to persevere. True satisfaction is achieved when the art is expressed and shared, and gratitude can then be seen through the eyes of the viewers.